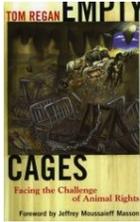


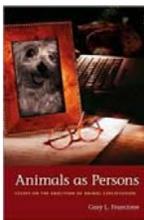
Recommended Reading about Animal Issues



Empty Cages: Facing the Challenge of Animal Rights

by Tom Regan, Professor Emeritus of Philosophy, North Carolina State University in Raleigh

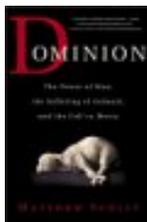
Described as the best introduction to animal rights ever written, this book dispels the image of animal rights advocates perpetrated by the media, unmasks the fraudulent rhetoric of humane treatment favored by animal exploiters, and explains why existing laws function to legitimize institutional cruelty. Regan, a leading philosopher in the animal rights movement, intends the book as a popular companion to his scholarly treatments of the subject.



Animals as Persons: Essays on the Abolition of Animal Exploitation

by Gary L. Francione, Professor of Law, Rutgers University Law School

A prominent philosopher of animal rights law and ethical theory, Francione is known for his criticism of animal welfare laws, his abolitionist theory of animal rights, and his promotion of veganism and nonviolence as the baseline principles of the abolitionist movement. In this collection, Francione advances the most radical theory of animal rights to date. Unlike Peter Singer, Francione maintains that we cannot morally justify using animals under any circumstances.



Dominion: The Power of Man, the Suffering of Animals, and the Call to Mercy

by Matthew Scully

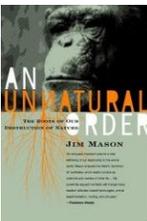
One of the best books ever written on the subject of animal welfare. Scully, a journalist and former speechwriter for President George W. Bush, investigated several major animal industries, including hunting, whaling, and factory farming. He asks penetrating questions and shows the logical and political inconsistencies used to defend cruel industries.



The Food Revolution: How Your Diet Can Help Save Your Life and Our World

by John Robbins, author of *Diet for a New America*

What can we do to help stop global warming, feed the hungry, prevent cruelty to animals, be healthier, and live longer? Eat vegetarian, says Robbins. Noting the massive changes in the environment and food-production methods over the last two decades, he criticizes contemporary factory-farming methods and shows that individual dietary choices can be both empowering and have a broad impact.



An Unnatural Order: Why We are Destroying the Planet and Each Other

by Jim Mason

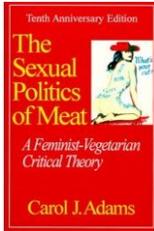
This book traces both environmental destruction and social oppression to the Western world view that sets humankind outside of, above, and in conflict with nature. What makes this work unique is the emphasis Mason places on the relationship between human beings and other animals as both explaining and symbolizing our dysfunctional way of life with its built-in patriarchy, misogyny, and racism. "Dominionism" justifies exploitation of the earth and its creatures for human wealth and pleasure, but it has left a deep psychic wound.



Slaughterhouse: The Shocking Story of Greed, Neglect, and Inhumane Treatment Inside the U.S. Meat Industry

by Gail A. Eisnitz

This book blows the lid off USDA and meat industry claims that animals are humanely slaughtered and lends new meaning to the adage that "if slaughterhouses had glass walls, everyone would be vegetarian." The book explores the impact that changes in the meatpacking industry over the last twenty-five years—particularly industry consolidation, increased line speeds, and deregulation—have had on workers, animals, and consumers.



The Sexual Politics of Meat: A Feminist-Vegetarian Critical Theory

by Carol J. Adams, Master of Divinity, Yale University and Adjunct Professor at Perkins School of Theology, Southern Methodist University

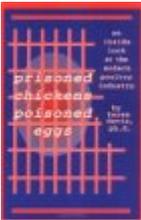
Adams's important and provocative work compares myths about meat-eating with myths about manliness; and explores the literary, scientific, and social connections between meat-eating, male dominance, and war. Drawing on such diverse sources as butchering texts, cookbooks, Victorian "hygiene" manuals, and Alice Walker, the author provides a compelling case for inextricably linking feminist and vegetarian theory.



Fast Food Nation: The Dark Side of the All American Meal

by Eric Schlosser

One out of four Americans daily eats a quick and cheap meal at a fast-food restaurant. This book details how the industry's drive for homogenization and speed has radically transformed America's diet, landscape, economy, and workforce, often in destructive ways. Schlosser's also describes the almost complete lack of federal oversight of meatpacking plants, a seemingly lawless industry.



Prisoned Chickens - Poisoned Eggs: An Inside Look at the Modern Poultry Industry

by Karen Davis, Ph.D., founder and president of United Poultry Concerns

Thorough and riveting, Davis offers the definitive book on the treatment of chickens for food and eggs. After introducing readers to a brief history of poultry farming and the natural and social lives of chickens, Davis focuses on the egg and broiler industries, primarily in the United States. She documents the inhumane conditions of factory farming, explicitly detailing the lives and deaths of battery hens raised in tiered brooding trays and of broiler chickens.



Sacred Cows and Golden Geese: The Human Cost of Experiments on Animals

by C. Ray Greek, M.D. and Jean Swingle Greek, D.V.M.

In this compelling report, anesthesiologist Ray Greek and veterinarian Jean Swingle Greek argue against the use of animals in medical experiments. Although the Greeks believe that animal experiments are immoral and wasteful, they avoid the philosophical arguments. Instead, they marshal a devastating amount of scientific evidence about the human consequences of animal-based medical research.



When Elephants Weep: The Emotional Lives of Animals

by Jeffrey Moussaieff Masson and Susan McCarthy

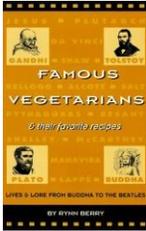
Animals do in fact lead emotional lives, according to Masson. He has found hundreds of anecdotes from the published works and field studies of such noted behaviorists as Jane Goodall, Dian Fossey, and Cynthia Moss that support his theory. It seems that, despite the fact that anthropomorphism is among the worst of scientific taboos, these respected scientists cannot help but notice the similarities between human and animal behavior.



Animal Theology

by Andrew Linzey, Professor of Theology at the University of Nottingham, England, and Senior Research Fellowship at Mansfield College, Oxford University, England

This disturbing volume, based on a series of lectures given to the theology faculty at Oxford University, argues that contemporary agribusiness, based on the commodification of animals, is immoral and theologically indefensible. Linzey's is a carefully prepared and argued discussion of the theology of animal rights in which the author takes the community of faith to task for its blindness to the centrality, within the Christian tradition, of duty to animals. Particularly damning are the chapters on scientific experimentation, hunting for sport, and meat-eating.



Famous Vegetarians and Their Favorite Recipes: Lives and Lore from Buddha to the Beatles

by Rynn Berry

The author has come up with authentic recipes reflecting the tastes of famous vegetarians throughout the ages. Anecdotal sketches give life to each of the 32 celebrities from Plato and Pythagoras to Tolstoy, Gandhi, and George Bernard Shaw along with "contemporaries" like Paul McCartney and Isaac Bashevis Singer.



Beyond Beef: The Rise and Fall of the Cattle Culture

by Jeremy Rifkin, President, The Foundation on Economic Trends

Rifkin surveys cattle culture's destructive role in the modern world and in history. He points to Paleolithic bull and cow cults, to the clash several millennia ago between peaceful matrilineal agriculturalists and nomadic cattle herders, and to the American West where native populations and the buffalo they lived off were displaced and slaughtered to make room for the cattle industry, and where U.S. taxpayers continue to subsidize beef ranchers.



Mad Cowboy: Plain Truth from the Cattle Rancher Who Won't Eat Meat

by Howard F. Lyman

Howard Lyman's personal odyssey from cowboy to cattle rancher to animal rights activist, environmentalist, and vegetarian is an inspiring chronicle. Digest the facts in *Mad Cowboy*, and you may never look at prime rib in the same way again.



Rattling the Cage: Toward Legal Rights for Animals

by Steven M. Wise, Attorney and Lecturer at Harvard University

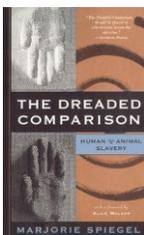
In a groundbreaking study, Wise argues that chimpanzees should be granted the status of legal personhood to guarantee the basic protections of bodily integrity and freedom from harm. Documenting the treatment of our primate cousins, who are routinely kidnapped for biomedical research and caged in roadside zoos, Wise notes that chimpanzees are nearing annihilation. Their DNA structure is a 99% match to humans', and our brain structures are incredibly similar. Indeed, an increasing number of biologists insist that chimpanzees and humans should be grouped in the same genus.



Above All, Be Kind: Raising a Humane Child in Challenging Times

by Zoe Weil, Faculty Member University of Maine and Cambridge College

This book teaches parents how to raise their children to be humane in the broadest sense – to become not only more compassionate in their interactions with family and friends, but to grow up to make life choices that demonstrate respect for the environment, other species, and all people. Includes chapters for early, middle, teenage, and young adult years.



The Dreaded Comparison: Human and Animal Slavery

by Marjorie Spiegel

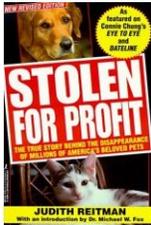
Spiegel presents an in-depth exploration of the similarities between the violence humans have wrought against other humans and our culture's treatment of animals. Using considerable scholarship, she makes a strong case for links between white oppression of black slaves and human oppression of animals. Her thesis is not that the oppressions suffered by black people and animals have taken identical forms, but that they share the same relationship between the oppressor and the oppressed. These comparisons include the brandings and auctions of both slaves and animals, the hideous means of transport (slave ships, truckloads of cattle), and the tearing of offspring from their mothers.



To Free a Dolphin

by Richard O'Barry with Keith Coulbourn

In his memorable first book, *Behind the Dolphin Smile*, O'Barry told the inspiring story of his personal transformation from world-famous dolphin trainer (Flipper was his pupil) to dolphin liberator. Now, in *To Free a Dolphin*, he passionately recounts the dramatic story of his heart-breaking campaign to release captive dolphins back into the wild.



Stolen for Profit: How the Medical Establishment is Funding a National Pet-Theft Conspiracy

by Judith Reitman

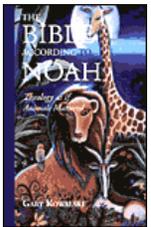
Exposes the illegal means by which many of the cats and dogs used in experiments are procured and the theft and misrepresentation by middlemen who sell the animals to laboratories. Often boarded in appallingly unhealthy quarters prior to their sale, the animals can fetch up to \$500 apiece, despite their debilitated condition. This money is generally paid from federal grants and the Department of Agriculture has taken little action against this system.



Peace to All Beings: Veggie Soup for the Chicken's Soul

by Judy McCoy Carman

This book of hope for a world at peace explores the interconnectedness of animal rights, ecology, world peace, and social justice. The book shows how animal rights is an essential part of any movement that is working to make the world a better place. It is a valuable book for anyone seeking to live in harmony with the values of compassion, nonviolence, and reverence for all life.



The Bible According to Noah: Theology as If Animals Mattered

by the Reverend Gary Kowalski

Kowalski explores the stories of the Creation, Noah's Ark, Abraham and Isaac, the torment of Job, and Jonah and the whale to explore their relevance today—especially in regard to how we treat other animals. He draws together the findings of science with religious scholarship to create an ecologically inspired rendition of the scriptures that honors the sanctity and kinship of all living beings. He calls for a different reading of the ancient wisdom of the Bible--one that advocates nonviolence, tolerates difference, and demands justice.



World Peace Diet: Eating for Spiritual Health and Social Harmony

by Will Tuttle, Ph.D.

Food is our most intimate and telling connection both with the natural order and with our cultural heritage. It is becoming increasingly obvious, however, that the choices we make about our food are leading to environmental degradation, human health problems, and unimaginable cruelty toward our fellow creatures. Incorporating systems theory, teachings from mythology and religions, and the sciences, this book presents a set of universal principles for all people of conscience, from any religious tradition, which they can follow to reconnect with what we are eating and what was required to get it on our plate.



Meat Market: Animals, Ethics, and Money

by Erik Marcus

Meat Market elevates the debate over animal agriculture. Marcus exposes and clears away the exaggerated claims and counterclaims put forth by the meat industry and its opponents. In the process, he presents a thorough examination of animal agriculture's cruelties and its far-reaching social costs.

Note: Some of these books may be out-of print, but can still be obtained used through online sellers such as amazon.com.

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(612) 822-6161 <http://www.animalrightscoalition.com>